



MIDDLETON BASKETBALL CLUB COACHES CODE OF CONDUCT

It is the goal of MBC to provide consistent high-quality coaching. The tools are in place to ensure this, but compliance is necessary. Toward that end, MBC requires each coach to abide by this code of conduct. The concepts below should be incorporated into practice plans, game strategies and coaching philosophies.

- **OBTAIN COACHING LICENSE - Complete in a timely manner all requirements for a coaching license within the Middleton Basketball Club. See Table of Requirements Below:**

All Tri-County Coaches	Tri-County Coaches of Top Level A Team or Tournament Teams	Recreational League Coaches
Attend MBC Coach Training	Attend MBC Coach Training	Attend MBC Coach Training
Attend one MHS Varsity BB practice.	Attend one MHS Varsity BB practice.	
Satisfactory Background Check	Satisfactory Background Check	Satisfactory Background Check
Recommended: ASEP On-line Course Coaching Youth Basketball	*Required: ASEP On-line Course Coaching Youth Basketball	Recommended: ASEP On-Line Coaching Youth Basketball
Compliance with Coaches Code of Conduct	Compliance with Coaches Code of Conduct	Compliance with Coaches Code of Conduct
Coach games and conduct practices following the guidelines in the MBC Player Development Program	Coach games and conduct practices following the guidelines in the MBC Player Development Program	Coach games and conduct practices following the guidelines in the MBC Player Development Program

***See middletonbasketballclub.com for information about this course. Successful completion of this course will be required before a coaching assignment will be made... so plan ahead.**

- **FOLLOW MBC PRACTICE OUTLINE - The time allotted to various aspects of basketball during each of your practices should closely resemble the practice outline in the Player Development Program. Organize practices that are fun and challenging for all your players. Be prepared. Have a written practice plan.**
- **FOCUS ON DEFENSE – It is the philosophy of Middleton Basketball Club to teach defense through the instruction and implementation of the principles of person-to-person defense. Use the shell drill in your practices. Tri-County and Tournament Teams should spend at least 30 min. of each practice working on man-to-man defense fundamentals. Recreational teams should spend at least 15 minutes. Play man-to-man defense in your games.**
- **PROMOTE FUN – Don’t get too serious. Winning is a consideration, but not the only or most important one. Care more about the player than winning the game. Remember that children participate to have fun and this game is for youth, not adults.**
- **BE PATIENT – Your players need the freedom to make mistakes on the court and it’s your job to help them learn from those mistakes. One or two corrections won’t be enough. This will take time and patience.**
- **PROMOTE A POSITIVE ATMOSPHERE – Never ridicule or yell at players for making mistakes or losing a game. Do not single out players for criticism in front of their peers. Players need to feel it is safe to try things and OK to fail without risking the disapproval of their coach or teammates.**

CODE OF CONDUCT – page 2

- **MAXIMIZE PLAYING TIME - Know the Club playing time requirement and adhere to it. Understand that to develop, all players must gain experience. Give each player the opportunity to play as much as possible.**
- **CLUB PLAYING REQUIREMENTS:**
Tri-County games – each player must play a minimum of 10 minutes per game. (new for 04-05) This is the minimum
Many MBC coaches choose to equalize playing time, if not per game, then over the season. A suggested goal is for each player to play at least half of each game and to play in three quarters. This applies to the season-ending tournament as well. **Recreational – EQUAL playing time for all players. NO EXCEPTIONS**
- **RESPECT THE AUTHORITY OF THE REFEREES – Disputing , challenging, or excessively arguing a referee’s decision is strictly prohibited. Ask questions or seek clarification if you need to, but do it in a calm manner. Set the right tone for your team by never arguing a call or disparaging an official. Do not blame a loss on the officials. Never confront a referee before, during or after a game. If you have a significant issue, contact MBC.**
- **GOOD SPORTSMANSHIP – Your players will learn from your example. Control your emotions. Avoid actions, language and gestures that may be interpreted as hostile or humiliating. Teach your players how to behave after a win or a loss. Teach your players to respect the game officials and their authority. Follow the Tri-County seat belt rule that requires coaches to remain sitting on the bench during the game unless calling a time out.**
- **FOCUS ON THE FUNDAMENTALS – The Club’s policy on Player Development has a strong foundation in the development of fundamental basketball skills. This decision to focus on the fundamentals of dribbling, shooting, passing, rebounding and defending is strongly supported and encouraged by the Middleton High School Coaching Staff. Wins and losses come and go, but you only get one chance to develop a player’s fundamental skills.**
- **UNDERSTAND THE RULES – Get a rulebook and read it . Identify any special rules or policies of your league.**
- **BE EVERYONE’S COACH – All players deserve your coaching at practices and in games. Make the team experience good for all players by letting everyone contribute. If you coach your own child, don’t shine the light on them too much or too little. Treat everyone as equals.**
- **TAKE CARE OF THE FACILITY – Know the building use rules and regulations and make sure the players and spectators follow them. Assign a team parent this responsibility during home games.**
- **MAKE A COPY OF THIS CODE OF CONDUCT - Give to the parents on your team. Inform them at the end of the season, they will be asked by MBC to evaluate your coaching based on the points listed here.**

I have read and fully understand this Code of Conduct. I agree to abide by its requirements and I will incorporate these principles and concepts into my coaching.

PRINT COACH NAME _____

Signature _____ **Team & Grade** _____ **Date** _____